

# Stella Mamogay

Paediatric  
Occupational  
Therapist



## Profile

Hi, I'm Stella, a Paediatric Occupational Therapist at Conscious Healthcare SA.

With over 16 years of experience and a Bachelor's degree in Occupational Therapy from Velez College in the Philippines, I'm dedicated to helping children thrive in their daily lives. Throughout my career, I've worked in a variety of settings, including paediatric home care, schools, mental health facilities, and outpatient rehabilitation. These diverse experiences have given me valuable insight into the unique challenges faced by children and their families, enabling me to offer a compassionate, effective approach to care.

I'm passionate about creating a supportive environment where each child can reach their full potential. My approach focuses on tailoring interventions to meet the individual needs of each child, helping them build independence, confidence, and well-being. I also believe in the power of teamwork and prioritise collaboration with families and other healthcare providers to ensure the best outcomes.

In our sessions, I'll work closely with you and your child to understand their needs, strengths, and goals. Together, we'll create a plan that supports their growth and development in a way that feels engaging and supportive.

I look forward to being a part of your child's journey toward achieving their best possible outcomes.

