

Hi, I'm Shannon, a Physiotherapist at Conscious Healthcare SA.

I completed a Bachelor of Physiotherapy (First Class Honours) at the University of South Australia and joined the Conscious Healthcare team in 2025. My journey into physiotherapy was shaped by my early experiences as a dance coach and support care worker, where I developed a deep passion for movement and helping others reach their full potential.

I believe in a collaborative and inclusive approach to care, working in partnership with participants and their families to achieve goals that are meaningful to them. My goal is to provide personalised support that respects each individual's unique needs, helping them move with confidence and independence in their daily lives.

I have a special interest in early intervention and enjoy working with participants from infancy to adulthood. Whether it's supporting children in their developmental journey or helping adults enhance their mobility and quality of life, I strive to create a space where physiotherapy is engaging, empowering, and accessible to all.

As a registered Physiotherapist with AHPRA and a member of the Australian Physiotherapy Association (APA) and its Paediatric Group, I stay committed to professional development and evidence-based practice to ensure the best outcomes for my clients.

I look forward to working with you to achieve your movement and mobility goals.

