

Rowena Cornish

Positive Behaviour
Support (PBS)
Practitioner



Profile

Hi, I'm Rowena Cornish, a Behaviour Support Practitioner and PBS Team Lead at Conscious Healthcare SA.

With over 20 years of experience as a Developmental Educator, I'm dedicated to helping individuals create meaningful, positive change in their lives. I hold a Bachelor of Applied Science (Disability Studies) and a Graduate Certificate in Project Management, and throughout my career, I've worked in community, accommodation, and employment settings, providing support coordination, positive behaviour support, and managing multidisciplinary teams. My approach is person-centred, collaborative, and strengths-based, ensuring that the strategies we develop together are tailored to your unique needs, interests, and goals.

In our sessions, I focus on understanding who you are—your interests, routines, and the activities you enjoy. Together, we identify practical strategies that can reduce risks, increase independence, and empower you to live a fulfilling life. My goal is to create a safe and supportive environment where you feel comfortable expressing yourself and actively participating in your journey toward a better quality of life.

I specialise in working with teenagers through to adults, particularly those with intellectual disabilities, autism, acquired brain injuries, and dementia. At Conscious Healthcare, we follow a positive behaviour support framework to develop comprehensive plans that address specific behaviours and promote functional, safe alternatives. As a full member of Developmental Educators Australia Inc (DEAI) and Behaviour Support Practitioners Australia (BSPA), I stay updated with the latest in positive behaviour support, functional behaviour analysis, and trauma-informed practices through regular training and community practice events.

In my role, I work closely with clients and their support teams, using a collaborative approach that involves meeting with people who know you well and gathering information from various sources to build an effective support plan. My passion lies in helping people build on their strengths through positive and proactive strategies, creating a respectful space where everyone feels valued.

I look forward to supporting you in achieving your goals and making a positive impact on your journey.

