

Hi, I'm Jonathan, a Physiotherapist at Conscious Healthcare SA.

With a Bachelor's in Physiotherapy from the University of South Australia and over five years of experience, I'm dedicated to helping individuals of all ages take control of their health journey. My background includes working in community settings with disability and aged care clients, a musculoskeletal clinic, and elite sports teams. This diverse experience has equipped me to support a wide range of clinical conditions, including stroke, cerebral palsy, autism spectrum disorder, and Parkinson's disease.

My approach to care is holistic, compassionate, and client-centred. I believe that everyone has the potential to lead a happy and fulfilling life, and I'm here to support you every step of the way. In our sessions, I strive to create an environment where you feel at ease, understood, and fully supported, making sure you're empowered to achieve your goals in a way that feels right for you.

Outside of work, I enjoy staying active through activities like going to the gym, running, playing tennis and footy, and spending hours fishing.

I look forward to working with you and helping you reach your health and wellness goals.

