

# Emily Chan

Occupational  
Therapist



## Profile

Hi, I'm Emily, an Occupational Therapist at Conscious Healthcare SA.

With over five years of international experience, I'm passionate about helping individuals regain independence and improve their quality of life through functional, meaningful therapy. I hold a Bachelor of Science in Occupational Therapy and a Master of Science in Stroke and Clinical Neurosciences from The Chinese University of Hong Kong. My experience spans diverse settings, including home-based care, inpatient and outpatient rehabilitation, and both community and hospital-based services.

I specialise in working with adults and the elderly, particularly those with neurological conditions such as cerebral vascular diseases, Parkinson's disease, and neurocognitive disorders. My approach includes comprehensive assessments, therapeutic treatments, assistive technology prescription, and caregiver training to ensure holistic, person-centred support. I am passionate about evidence-based, strength-focused therapy that empowers individuals to achieve their goals and improve their daily living.

As a certified yoga teacher, I integrate mindfulness and therapeutic techniques into my practice to promote resilience, mental well-being, and overall quality of life. I believe in creating a supportive, collaborative space where clients feel heard, valued, and confident in their journey towards independence.

I look forward to working alongside you to reach your goals and make meaningful, positive changes in your daily life.

