

Hi, I'm Dylan, an Occupational Therapist at Conscious Healthcare SA.

With a Master's in Occupational Therapy from the University of South Australia and a background in biomedical sciences, I bring 11 years of diverse experience to my role. Over the years, I've worked across a variety of settings, including residential and community aged care, pain management, hand therapy, neurological rehabilitation, wheelchair and seating prescription, home modifications, assistive technology, and mental health management. My goal is to provide practical, effective support that empowers you to fully engage in the activities you love.

My philosophy is that improvement requires proactive effort, and my role is to help you invest your energy in the right places to achieve meaningful progress. I believe in creating an open, supportive environment where you feel comfortable and fully informed about any interventions we consider. In our sessions, I'll ensure you understand the rationale behind each approach, so you can make decisions that are right for you.

I specialise in working with adults with diverse needs, particularly in areas such as neurological rehabilitation, pain management, and assistive technology. I'm dedicated to tailoring my approach to each individual, using evidence-based practices that address your unique challenges and goals.

Whether we're exploring ways to manage pain, enhance mobility, or adapt daily tasks, I'm here to support you every step of the way, fostering independence and enhancing quality of life.

I look forward to working with you on your journey toward greater well-being and independence.